



Session Details:

Confirmation Text/Email

- ✓ Let me know if you would like a confirmation text or email sent the day before our scheduled session time.

Parking

- ✓ Park in the spot nearest the front door. Leave space to the right for another car.

Shoes

- ✓ Shoes may be left inside the front door.

Stairs

- ✓ Practice room is down 1 flight of stairs. Two handrails are available for your safety.

Bathroom

- ✓ Bathroom and changing facilities are downstairs. Personal belongings will be safe in that room.

Client Contract / Cancellation Policy

Booking a session means we commit to show up for each other. Unless unforeseen circumstances like extreme weather, sickness, or other emergency, please plan to show up for the time we agreed to set aside for your session. Please respect our time commitment as I have a limited number of private session times weekly to offer.

Personalized Yoga Session is \$75, payable at the time of service. I may ask for full payment at the time of booking if there is a history of late cancellation(s). Cash payment preferred: Local check, Venmo, and Zelle accepted.

We agree to give each other at least 12 hours to cancel or reschedule should the occasion arise.

The cancellation fee for less than 12 hours notice is \$35. There is no cancellation fee if you call or text before 12 hours and reschedule your session. No-Show/No communication will be expected to pay the full fee. No refunds.

I appreciate you and the opportunity to work together to benefit your health through Yoga.

I Agree to these terms:

Name: _____

Date: _____

Session Details:

Document your Session

- ✓ Let me know if you would like our session recorded so I can have the equipment set up.
- ✓ You are welcome to bring a charged phone/camera for documenting your session. You may also bring a friend to take notes and pictures for you.
- ✓ You will have 24 hours to download recorded sessions to your personal device. Afterwards it will be deleted from my zoom storage.

Props

- ✓ All props are provided but feel free to bring your personal mat if you like.

Liquids

- ✓ You are welcome to bring an enclosed water bottle. I am also happy to provide a drink for you, just ask.

Session time

- ✓ Please show up and depart in a timely fashion.

Directions to Iyengar Yoga with K-Lea Gifford

Located in Skyridge near Fort Lewis College

335 Jenkins Ranch Rd, Durango, CO 81301

From South Durango

College Drive go up towards Fort Lewis College on Goeglein Gulch

Stay on Goeglein Gulch toward Skyridge, past the Fort Lewis College round-a-bout

Take a Right onto Jenkins Ranch Road

Proceed thru 2 round-a-bouts

Take a left into 2nd cul de sac on the left-hand side

Park in the spot nearest the front door. Leave space to the right for another car.

House number #335 can be seen on the top right eve of the townhome front porch

